Quest Food Management

Page 4

Recipe Sizing Report

Nov 26, 1014

002187 - dessert- apple crisp : nslp	Components	Attributes
HACCP Process: #2 Same Day Service	Meat/Alt:	
Number of Portions: 50	Grains: 0.5 oz	
Size of Portion: SERVINGS	Fruit: 0.5 cup	
	Vegetable:	
	Milk:	

Ingredients	Measures	Instructions
019334 SUGARS,BROWN	1 lb + 7 1/2 ozs 1 lb + 9 ozs 1 5/8 #10 CAN, drained	The following of the following sugar, cinnamon, salt, and margarine or butter. Mix until crumbly. Set aside for step 6.
014429 WATER,MUNICIPAL	1 5/8 As Needed	2. For filling: one can of apples per 2" hotel pan make sure to s _l ray pan.
019335 SUGARS, GRANULATED	1 lb + 1/2 oz 2 3/8 tsp 1/3 cup + 1 Tbsp 2 lbs + 2 3/8 ozs	4. Sprinkle 10 ½ oz (1 ½ cups) sugar, 1 ½ tsp cinnamon, and ½cup lemon juice over apples in each pan. Stir to combine.
		 5. Pour 1 ½ cups liquid over apples in each pan. 6. Sprinkle 3 lb 6 oz (approximately 2 qt 1 cup) topping evenly cer apples in each steamtable pan.
		7. Bake until topping is browned and crisp: Conventional oven: 425° F for 35-45 minutes Convection oven: 350° F for 25-35 minutes 8. serve either cold or warm using #12 scoop you should get 12
		cup serving with 30 servings per pan. Serving
		serving is 1/2 cup

*Nutrients are based upon 1 Portion Size (SEDVINGS)

			r	iuments are pa	ased upon 1 Portion Size	≘ (SERVINGS)		
Calories	304 kcai	Cholesterol	0 mg	Sugars	*22.2* a	Calcium	40.44	
Total Fat	12.30 g	Sodium				Calcium	16.44 mg	36.39% Calories from Total Fa
Saturated Fat			140 mg	Protein	1.95 g	Iron	0.75 mg	7.13% Calories from Saturate Fat
	2.41 g	Carbohydrates	49.41 g	Vitamin A	575.1 IU	Water ¹	*69.40* a	
Trans Fat ²	*0.00* a	Dietary Fiber	3.31 g	Vitamin C				*0.00%* Calories from Trans Fa
		1 = 10 tall, 1 1 1001	3.51 g	Vitaliiii C	1.2 mg	Ash¹	*0.29* g	64.97% Calories from Carbohylrates
							2 56% Calarias from Brotain	

"N/A", - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹- denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

